



**CSPE ACTION PROJECT**

Please PASS this around the staff room

It's easy to make Bóthar part of your CSPE Project...

- ✓ Get a Bóthar speaker to come to your school
- ✓ Raise awareness
- ✓ Do a small fundraiser



Read inside to find out how to get involved



# It's easy to make Bóthar part of your CSPE Project...

Complete your CSPE project in 5 easy steps



**Choose Bóthar as your CSPE Action Project**



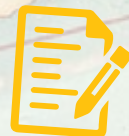
**Invite a Bóthar speaker to come to your school to learn about the work Bóthar does**



**Organise a small fundraiser to raise awareness about Bóthar**



**Reflect and evaluate. Time for the students to think about the issue, what skills they developed, what new opinions were formed and what would they do differently next time.**



**Write a report on the project and submit**



# Pick a Bóthar animal to fundraise for...

## Life-changing cows

**Give an Irish dairy cow** €1800



Did you know that Bóthar's Irish dairy cows are known as life-saving animals in many parts of the world? Irish dairy cows will produce approximately 16-20 litres of nutritious milk every day, whereas, the average local cow in African countries will only give approx 4 litres of milk per day. Milk from Irish cows provides nourishment for families. They can also sell leftover milk and start to earn a small income, often for the first time.

## The mighty goat!

**Give an Irish dairy goat** €300



The dairy goats that we place with our poor farming families are born and bred here in Ireland. We accept donations of kid goats and volunteers raise them for us until they are old enough to travel. We transport the goats to families who have already completed training and are ready to receive them. Irish dairy goats produce 4-6 litres of milk per day, which is much more than local goats, that produce approx 1 litre of milk per day.

## Pigs are great

**Give pigs** €250



In West Africa, Bóthar's pig projects have been improving a lot of poor families since 1999. Pigs need little land and as they consume garden and vegetable waste, they are not in competition with humans for food. In return an average sow will have 16-20 piglets a year, which grow quickly and are ready for market in a few short months.

## Honey makes money

**Give honey bees** €125



They're small, but bees can make a powerful contribution to the life of a less fortunate family in Bloueberg, Dendron, South Africa. When you give the gift of bees through Bóthar, we will train the family in bee-keeping and harvesting of medicinal honey and valuable wax. Usually it is our poorest families who receive our honey bees as there is little or no cost in caring for them.



€1800

Irish dairy cow



€450

Gross bred cow



€300

Irish dairy goat



€250

Irish sow

€125

Three hives of honey bees



€50

Share of a flock of chicks



For a full selection of Bóthar gifts to choose from log on to our website [www.bothar.ie](http://www.bothar.ie)



# School Visit Booking Form

I would like to request a visit from a member of the Bóthar team to talk about the families Bóthar assists.

School Name:

School Address:

Eircode:

Class:

Teacher's Name:

Contact Number:\*

Email:\*

Requested date for visit:

Requested time:

\* **Please note:** Requested visits must be confirmed by Bóthar who will telephone you or email you upon receipt of this form.

.....  
**PLEASE DETACH, SEAL & RETURN THIS BOOKING FORM TO BÓTHAR.**  
.....

# Get on board & TAKE ACTION for Bóthar this year!

Thanks to all these schools for getting involved and helping others not so fortunate.



Pictured here is Bóthar's Olivia Cumiskey accepting a cheque for €167.10 from students of Gael Choláiste Chiarraí, Trá Lí, Co. Chiarraí. Thank you to everyone who took an interest to learn about the work that Bóthar does helping struggling families in the Developing World.



Students from Cashel Community School, Cashel, Co. Tipperary were delighted to hand over this cheque for €750 to Bóthar recently. A lot of hard work went into it but their efforts were rewarded! From Christmas dinners to leg waxes, the students and teachers dug deep for Bóthar. Thank you one and all.



Well done to students from Loreto Secondary School in Clonmel, Co. Tipperary who raised funds on behalf of Bóthar. Serious effort from all involved. On behalf of the families you helped with your efforts, thank you.

Each school will receive a certificate that can be hung on the school notice board to highlight their efforts!



For more information contact Maureen

Call: 1850 82 99 99

or email: [maureen@bothar.ie](mailto:maureen@bothar.ie)

[www.bothar.ie](http://www.bothar.ie)

  
**Bóthar**  
HELPING PEOPLE TO  
HELP THEMSELVES