

# Make a DIFFERENCE > FAST



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Charity Number: CHY10460

Get your students to sacrifice food for just **one day** so a family can feed itself **forever...**

Spring 2019

Dear Principal or Secondary School Teacher,

Lent gives us time to reflect. It is an opportunity to give something up that we love. To make a sacrifice.

This Lent, Bóthar is asking for secondary students to make a difference and to FAST.

For just **ONE** day.

## How can you Make a Difference - FAST?

1. Ask your students to support the appeal by fasting on one day during Lent.
2. Choose one of our life-saving animals to fundraise for.
3. Ask your students to seek sponsorship from friends and family or make a donation themselves. Sponsorship forms are available to download on our website: [www.bothar.ie/schools](http://www.bothar.ie/schools)
4. Send the animal and make a difference.

## Getting a class speaker for your pupils

In order to help your students understand where their donation will be going, Bóthar will send a class speaker to your school to explain the work we do. If you are interested, please download and fill in the class speaker booking form on our website and return it to us or email [info@bothar.ie](mailto:info@bothar.ie) with your request.



*Pictured here is Bóthar's Olivia Cumiskey accepting a cheque for €167.10 from students of Gael Choláiste Chiarraí, Trá Lí, Co. Chiarraí. Thank you to everyone who took an interest to learn about the work that Bóthar does helping struggling families in the Developing World.*



*Well done to students from Loreto Secondary School in Clonmel, Co. Tipperary who raised funds on behalf of Bóthar. Serious effort from all involved. On behalf of the families you helped with your efforts, thank you.*

## Fundraising Support

It is a very simple idea that is easy to roll out in the classroom. Depending on the animal you choose, fundraising target posters are available to download on line so you can chart how close you are to achieving your goal. Sponsorship forms are also available to download on [www.bothar.ie/schools](http://www.bothar.ie/schools)

When you achieve your fundraising target, Bóthar will bring a large presentation cheque to your school to thank your students for their efforts. If permitted, we would take a photo to put in our Super Supporters Section of our newsletter.

**It is a safe way of helping students understand the effects hunger can have. If they think about how they feel after just one day, what must it be like for families who experience this for lengthy periods of time?**

If you would like any further information, check out our website [www.bothar.ie/schools](http://www.bothar.ie/schools) or phone me on **1850 82 99 99**.

I really hope you and your students can take part.

Thank you,



**Maureen Purcell**  
Schools Co-ordinator

*P.S. If your class is unable to take part in the project this year, please pass it on to another teacher in the school who might be able to get involved. Thank you!*



*P.P.S. This project is a great way of showing students that by making a small sacrifice you can effect change.*

**Perfect for all classes especially:**

**✓ CSPE ✓ TY ✓ LCA**