# Bóthar and Youthreach



The Youthreach approach is broad and flexible. Many Youthreach centres have undertaken projects for Bóthar in the past, and a study of the work of Bóthar can provide many insights for Youthreach participants. Bóthar programmes attempt to foster many of the same values as does the Youthreach philosophy: they are participant-focused, with an emphasis on mutual respect and support, inclusiveness and moving towards self- sufficiency. The vision is one that encompasses the whole society rather than just the individual.

Bóthar is always happy to visit your centre and talk to your group members about our work. Many course participants are interested in opportunities for working in the area of development, utilising the certification and skills they have acquired through Youthreach and other training agencies.

# Free Bóthar Resources for Youthreach Coordinators

You are welcome to contact the Limerick Head Office of Bóthar at **061-41 41 42** or email **info@bothar.ie** to request any of the resources below:

# DVD for Second-Level Schools: Bóthar - The Gift of Life

A 30-minute DVD of Bóthar's work in Uganda, with a focus on development issues and how young people here are making a difference.

# **Bóthar PowerPoints**

A disc of PowerPoint slide shows for many different levels including Youthreach. Teachers' notes included.

### **Event Posters**

A3 Posters to advertise fundraising events – including a box to write in your details.

# **Presentation Cheques**

Ideal for a photo with your club and for sending to the local newspaper.

### **Brochures**

Eight-page brochure The Living Gifts of Bóthar. A general overview of Bóthar's work.

# **Speakers**

Bóthar is happy to send a speaker to address your group, whether you are involved in fundraising or not.

## **Open Days**

Youthreach groups are welcome to attend our annual Open Day. See a variety of Bóthar animals and take part in other activities. Places are limited so book early to avoid disappointment!