

# Take the Climate Change Test!



Count how many of the 25 statements below you can HONESTLY answer YES to.

1. I turn off the tap while brushing my teeth.
2. I wash dishes in the sink with the plug in, not under a running tap.
3. I draw the curtains at night.
4. I unplug electrical devices when not in use.
5. I go out of my way to switch off lights that are not needed.
6. I have asked my family to turn down the thermostat by 1 degree.
7. I wear warmer clothes around the house in winter.
8. I try not to waste food - I take a moderate amount and I finish what is on my plate.
9. I eat locally produced food as much as possible rather than food from far away.
10. I would ask my family to drive a hybrid/electric vehicle.
11. I avoid fast food like burgers which cause rainforest depletion.
12. I have planted a tree in the past three years.
13. I drink tap water rather than bottled water.
14. I use up blank paper for making notes rather than throwing it out.
15. I look for fruit and vegetables without packaging.
16. I use re-chargeable batteries.
17. I have a compost heap at home and I am careful to use it.
18. I have three or more CFL light bulbs at home.
19. I live in a house with an insulated attic and hot tank.
20. I take an ordinary shower rather than a power shower or bath.
21. I buy second-hand text books where possible.
22. I have supported or fundraised for a Third World charity in the past year.
23. I would ask in a shop if new clothes or shoes had been ethically produced.
24. I have signed a petition on an issue of importance in the last two years, e.g. child labour, global warming, debt relief.
25. I have written to or called a public representative (TD, councillor) on an issue I feel is important.

## How did you score?

Can you identify 3-5 items where you would have answered NO that you feel you could turn into a YES with a little effort?